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# Sounds Like Me: My Life (So Far) In Song



## Synopsis

Read-and sung-by Sara Bareilles! With refreshing candor, *Sounds Like Me* reveals Sara Bareilles - the artist and the woman - and her take on songwriting, soul searching, and what's discovered along the way. She shares the joys and the struggles that come with creating great work, all while staying true to herself. Imbued with humor and marked by Sara's confessional writing style, this collection tells the inside story behind some of her most popular songs. Most recently known for her chart-topper "Brave", Sara first broke through in 2007 with her multiplatinum single "Love Song". She has released five albums that have sold 2.5 million copies and spawned several hits. More than a privileged view inside the experience of a remarkable musical talent - this is a moving tribute to the universal search for growth, healing, and self-acceptance.

## Book Information

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## Customer Reviews

If you liked Sara Bareilles before, you can't help but like her even more after reading this book. Plain and simple, she is a powerful writer. This applies both to her music and now this refreshing collection of essays on her life thus far. Just as she writes music that is somehow able to resonate deep with the heart, she brings that same courage and vulnerability to this book. The book is really a bit of a memoir filled with stories of her growing up to what she has learned up to this point in her life and career. It is a collection of eight essays all based around the story behind the song. Once Upon Another Time, Gravity, Love Song, Beautiful Girl, Red, Many the Miles, Brave, and She Used to Be Mine. If those songs weren't already moving enough, you will listen to them with a newfound

appreciation and respect after finishing this book. Sara is clearly someone who has learned that facing her fears and moving forward anyways is the true definition of courage. Countless stories she tells are beautiful illustrations of what happens in this sweet place of surrender. That and a genuine gratitude for all she has been given and for the people who have taught her along the way. What I love most about the book is that it is ultimately a recollection of her finding her own voice. And as she has shared glimpses of that in her music, it has helped others do the same. And isn't that what life is ultimately about? That as we share our truth, we give permission for others to do the same. And that it's never a one way streak. Somehow we end up inspiring each other to dive even deeper into revealing ourselves for who we really are. No doubt she has done just that in the writing of this book. Her honesty about a whole range of topics from body image to a sound malfunction performing with Taylor Swift are all consistent with the kind of candor that her fans have come to know and love. I had to fight back tears in a restaurant as I finished her book today. The stories she shares from her own life as well as those of some of her fans are a reminder that we are all so uniquely different, yet also so much the same. Many thanks to you, Sara, for continuing to share your voice. In your greatest moments of self-doubt to your highest moments of exhilaration, may you receive back the Love that you continue to pour out to this world.

I've never written a review on but I can't NOT praise this book. I went into this expecting the same type of thing I've gotten with other memoirs of celebrities I enjoy... Some interesting tid bits about her life that are sprinkled with humor, but nothing too new that I couldn't just google to find out. I'm usually disappointed with modern memoirs... I was even disappointed with Bossy Pants and Yes, Please!, as much as I tried to love those books as much as I love the work of their authors. But I was so moved by Sounds Like Me that I could not put it down. Every chapter was not only interesting and told a story behind a song she wrote, but it was so damn vulnerable and revealing- I was sometimes shocked by the things she shared. It had me on the edge of my seat, wanting more of Sara's story and my own. The book is relatable to anyone who has been through... Anything. It is painfully honest and unbelievably encouraging. Sara is humble, self-deprecating, hilarious, and real. I never imagined I'd say this about a memoir of a 30-something celebrity, but I needed this story. And so do you!

How do you hype your favorite media (be it book, band, TV show, movie or whatever)? Do you shout from the mountain tops to all who will listen? Do you seek out a sympathetic friend or loved-one and beg their indulgence? Or perhaps it's enough to display your fandom through

memorabilia or casual reference; give others the option to unleash your enthusiasm. My chosen hype-method is a book review; my subject is Sara Bareilles. Sara is a musical artist who found mainstream success years ago (you may have heard Brave, Love Song and King of Anything on the radio.) But while she's had a few hits she could have had thirty. Sara writes and composes 100% of the songs on her albums (solo-writes 95% of them) with a staggering variety of themes, styles and instrumentation. On stage, she brings the energy and wit of a late-night talk-show host while avoiding the sort of spectacle that would steal from her focus on singing and playing one of several instruments with skill. She's one of the great artists of Western History and she's in the middle of the most productive period in her career. I could write an essay on every song she's written; revel in the metaphor, the imagery, the sound, the emotion, the message. Sara's music inspired this introvert to go to concerts alone, chat with the people I met there, find internet friends who share my fandom and later meet them in person. I won't blame you if you don't run straight to Google to search her name or to order her albums. Our society boils over with salespeople, with hype and with tailored media; I suspect your culture que is long enough already. But if you choose to check out Sara's work, perhaps your path will lead you back to Sounds Like Me; her confessional autobiography and the purported subject of this review. But I'll keep this part brief; I laughed, I cried, I felt a little more human. And I came away wanting to share my experience.

Finished the book in one sitting. Sara is a hilarious woman with a relatable story. I laughed from Ben Fold's foreword to Sara's epilogue. The Beautiful Girl chapter made me cry uncontrollably. Her story made me an even bigger fan. I can't wait until hell freezes over so I can read her next book.

Never have I connected with a book as deeply and as immediately as I did with Sara's. I remembered I'd preordered the book this morning 10/7 and decided around lunch time to begin. It is now almost 9 PM and I've cried at least 5 times at various places - the subway, Bryant Park, Lincoln Center, you get the idea. As a long time fan of everything that comes out of Sara's mouth, and an avid musical theatre fan myself, this book spoke to my soul so effortlessly and gently. Beautiful.

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